

Families Matter

at Hythe URC

FREE



Parenting Course

Managing your child's angry feelings

This free 6 weeks course may be able to help you to:

- Recognise the first signs of anger
- Learn calming strategies
- De-escalate conflict situations

Start:

**Thursday,
2nd October 2025**

9.00 - 10.30

Where:

**Waterside Primary
Ashford Crescent
Hythe
SO45 6ET**

To book a place, please contact the school:

023 8084 2143 adminoffice@waterside.hants.sch.uk